



CONFERENCE SOCIAL RUN

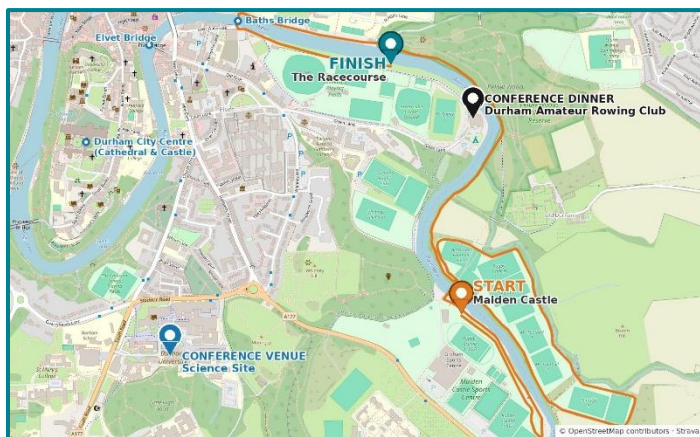
Join me for Durham parkrun

Hosted by **Marc Etherington**
Northumbria University

5K	DATE Sat 5th Sept	MEET 8:45 am	START 9:00 am
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Blow off some conference cobwebs

Durham parkrun is a free, timed 5k that loops out from Maiden Castle along the River Wear and finishes at The Racecourse, near the city centre. Walk, jog, run – people of all abilities are welcome. I'll be at the start line in my running kit (see photo); look out for me at the meeting point.



Meet & start:

Graham Sports Centre
Maiden Castle, Stockton
Road, Durham, DH1 3SE

- The Course
- Finish – The Racecourse
- Conference Dinner – Durham ARC
- Conference Venue – Science Site

Start is about 15–20 min walk from the Science Site/City Centre. Buses 55/56/57/X1 from Durham Bus Station also stop at Maiden Castle/Houghall.

Scan to register (free, one-time)

parkrun.org.uk/durham – bring your barcode.

